

# TUTTLE TALES



## SEPTEMBER

**Don Tuttle Adult Center**  
1731 North Ontario St.  
Burbank, CA 91505  
818.238.5367

### weekly activities

Remember to scan your  
BSAC card before  
each activity!

- Mondays, 9:30 am** ..... **Qigong Exercise Class** with Tung Vo \*
- Mondays, 9:30 am** ..... **Public Speaking Group** with Ron Coyne \*
- Mondays, 9:30 am** ..... **Wii Virtual Bowling** with Bob Cummings \* (not held on 2nd Mondays)
- Mondays, 12:30 pm** ..... **Texas Hold-em** - Learn and play with Louise Cummings \*
- Mondays, 12:30 pm** ..... **Surfing the Web** - Learn how to use the Internet with Dwight Randall \* ☒
- Tuesdays & Fridays, 9:00 am** ..... **Morning Workout** - Fitness class with Connie Weir \*
- Tuesdays, 12:30 pm** ..... **Table Games/Skip-Bo** with Josefina Sauri \*
- Tuesdays, 12:30 pm** ..... **Square Dancing** with John Hyde \*
- Tuesdays, 12:30 pm** ..... **Guitar Class** with Asunción Carmona
- Wednesdays, 9:30 am** ..... **Intermediate Line Dance Class** with Ron Black \*
- Wednesdays, 12:30 pm** ..... **Mellowtones Choral Group** - (Looking for singers!) ☒
- Wednesdays\*\*, 12:30 pm** ..... **Jewelry Making Class** with Dutch Stowe \* (\*\*alternate weeks) +
- Thursdays, 10:00 am** ..... **Sign Language** for Beginners with Charles McDonald \* (Note: no class on 4th Thursday)
- Thursdays, 12:30 pm** ..... **Fun with Piano** with Joan Berg/Barbara Miller \*
- Fridays, 9:15 am** ..... **Texas Hold-em Class**- Learn to play with Louise Cummings
- Fridays, 12:30 pm** ..... **Bingo for a Buck** \*

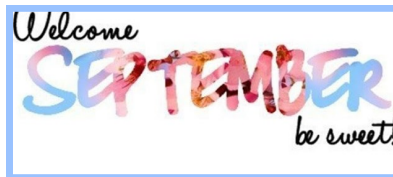
### monthly & special activities



- Monday, September 7,** ..... **Closed in Observance of Labor Day**
- Wednesday, September 9, 10:00 am** .. **Young at Heart Meeting** (2nd Wednesday of every month.)
- Saturday, September 12, 11:00 am** ...**Summer BBQ Fiesta, Food, Entertainment by Mariachi Band Folkloric Dancers** ☒ +
- Friday, September 25, 11:00 am** ..... **Monthly Birthday/Anniversary Celebration**
- Monday, September 28, 9:15 am** ..... **Texas Hold-em Tournament** (Last Monday of every month.)

☒ RSVP/Sign-up required    + Fee is more than \$2.00    \* RSVP Volunteer

Sylvia Guerra, Site Manager  
and Drew McDaniel



## Tuttle Adult Center

### Hours of Operation:

Monday–Friday,  
9:00 am–2:30 pm

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> 9:00 am—Morning Workout 12:30 pm—Square Dancing 12:30 pm—Table Games/ Learn Skip-bo	<b>2</b> 9:30 am—Intermediate Line Dancing 12:30 pm— Mellowtones Choir 12:30 pm—Jewelry Making Class +	<b>3</b> 10:00 am—Sign Language 12:30 pm—Fun with Piano	<b>4</b> 9:15 am—Texas Hold-em Class 9:00 am—Morning Workout 12:30 pm—Bingo +
<b>7</b> <b>Center Closed in Observance of</b> 	<b>8</b> 9:00 am—Morning Workout 12:30 pm—Square Dancing 12:30 pm—Table Games/ Learn Skip-bo	<b>9</b> <b>10:00 am—Young at Heart Club Meeting</b> 9:30 am—Intermediate Line Dancing 12:30 pm— Mellowtones Choir	<b>10</b> 10:00 am—Sign Language 12:30 pm—Fun with Piano	<b>11</b> 9:15 am Texas Hold-em Class 9:00 am Morning Workout 2:30 pm Bingo + <b>11:30 am Fiesta BBQ</b> <input checked="" type="checkbox"/> +
<b>14</b> 9:30am—Qigong Exercise Class 9:30 am—Public Speaking 12:30 pm—Texas Hold-em 12:30 pm—Web Surfing <input checked="" type="checkbox"/>	<b>15</b> 9:00 am—Morning Workout 12:30 pm—Square Dancing 12:30 pm—Table Games/ Learn Skip-bo	<b>16</b> 9:30 am—Intermediate Line Dancing 12:30 pm— Mellowtones Choir 12:30 pm—Jewelry Making Class +	<b>17</b> 10:00 am—Sign Language 12:30 pm—Fun with Piano	<b>18</b> 9:15 am—Texas Hold-em Class 9:00 am—Morning Workout 12:30 pm—Bingo +
<b>21</b> 9:30am—Qigong Exercise Class 9:30 am—Public Speaking 9:30 am—Wii Bowling 12:30 pm—Texas Hold-em 12:30 pm—Web Surfing <input checked="" type="checkbox"/>	<b>22</b> 9:00 am—Morning Workout 12:30 pm—Square Dancing 12:30 pm—Table Games/ Learn Skip-bo	<b>23</b> 9:30 am—Intermediate Line Dancing 12:30 pm— Mellowtones Choir	<b>24</b> 12:30 pm—Fun with Piano <b>No Sign Language this week</b>	<b>25</b> 9:15 a.m.—Texas Hold-em Class 9:00 a.m.—Morning Workout 11:00 a.m.— <b>Birthdays/ Anniversaries</b> 12:30 p.m.—Bingo +
<b>28</b> 9:30am—Qigong Exercise Class 9:30 am—Public Speaking 9:15 am—Texas Hold-em Tournament 12:30 pm—Web Surfing <input checked="" type="checkbox"/>	<b>29</b> 9:00 am—Morning Workout 12:30 pm—Square Dancing 12:30 pm—Table Games/ Learn Skip-bo	<b>30</b> 9:30 am—Intermediate Line Dancing 12:30 pm— Mellowtones Choir 12:30 pm—Jewelry Making Class +	<b>Summer Fiesta BBQ at Tuttle Center</b> <b>Saturday, September 12, 11:30 am</b> Those 60+ and pre-registered with the LA Area Agency can enjoy a BBQ for \$3 (\$ 4 for all others). Purchase tickets at any of the Senior Nutrition Sites ( <b>Joslyn, McCambridge or Tuttle</b> ). <b>Entertainment by a Mariachi Band and Folkloric Dancers</b> <b>from 12:00 to 1:00 pm</b> , and Texas Hold-em, for an additional dollar. For info call (818)238-5367 . <input checked="" type="checkbox"/> +	